

SDEC (Same Day Emergency Care) Review Clinic

Acute Medicine

Information for patients and carers

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Caring for you

Why have I received this appointment?

You have received an appointment for the Same Day Emergency Care Review Clinic (SDEC). SDEC is a service we provide that means you have been treated without us having to keep you in hospital overnight.

Your appointment date and time are in a separate letter.

The purpose of this clinic appointment is to check how you are doing after leaving hospital.

It allows us to review your recovery and make sure you are safe and getting the right care.

What will happen at your appointment?

When you arrive

Please go to the ward clerk and tell them you have arrived. The ward clerk will let the clinic staff know you are here.

Tests and checks

You will first be seen by a triage nurse who will do some initial tests and checks which may include:

- blood tests
- an electrocardiogram – a quick, painless test that records your heart's rhythm
- ask you to provide a urine sample, if needed
- arrange any X-rays or other scans, to be performed if needed.

Waiting for the results

- You will then be asked to sit in the waiting room while the results are reviewed. This can take around 1 hour.
- During this time, you can use the hospital's beverage facilities (e.g. Costa / on-site shop).
- If you leave the clinic, please give your phone number to the ward clerk, so we can contact you if needed.

Seeing the doctor

A doctor will then:

- review you
- explain your test results
- check how you are feeling

- decide what care you need next

After your review

- Most patients are discharged (able to leave hospital).
- Some patients may be referred to their GP. Others may be referred to another hospital or department for ongoing care.

Please note your appointment may last several hours in total.

Other information

- If you need help with transport, please tell a member of staff know,
- It may help to tell a member of your family or friend about your appointment so they can support you with transport.
- If you are unable to attend, please call the SDEC Review Clinic as soon as possible to rearrange your appointment.

Contact us

If you have any questions before your appointment, please contact the unit on 01925 664225.